

easylean^e

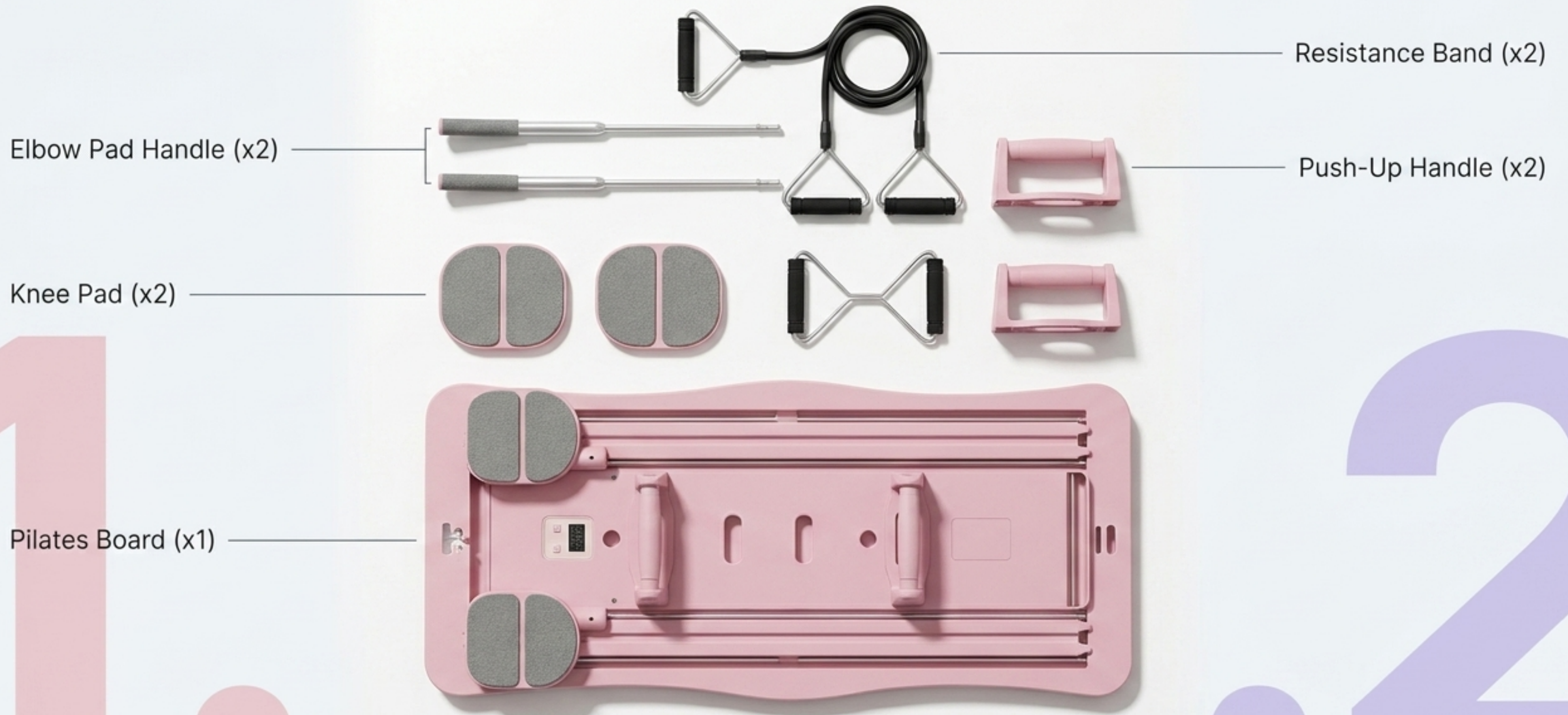
5-in-1 Pilates Board Reformer Set

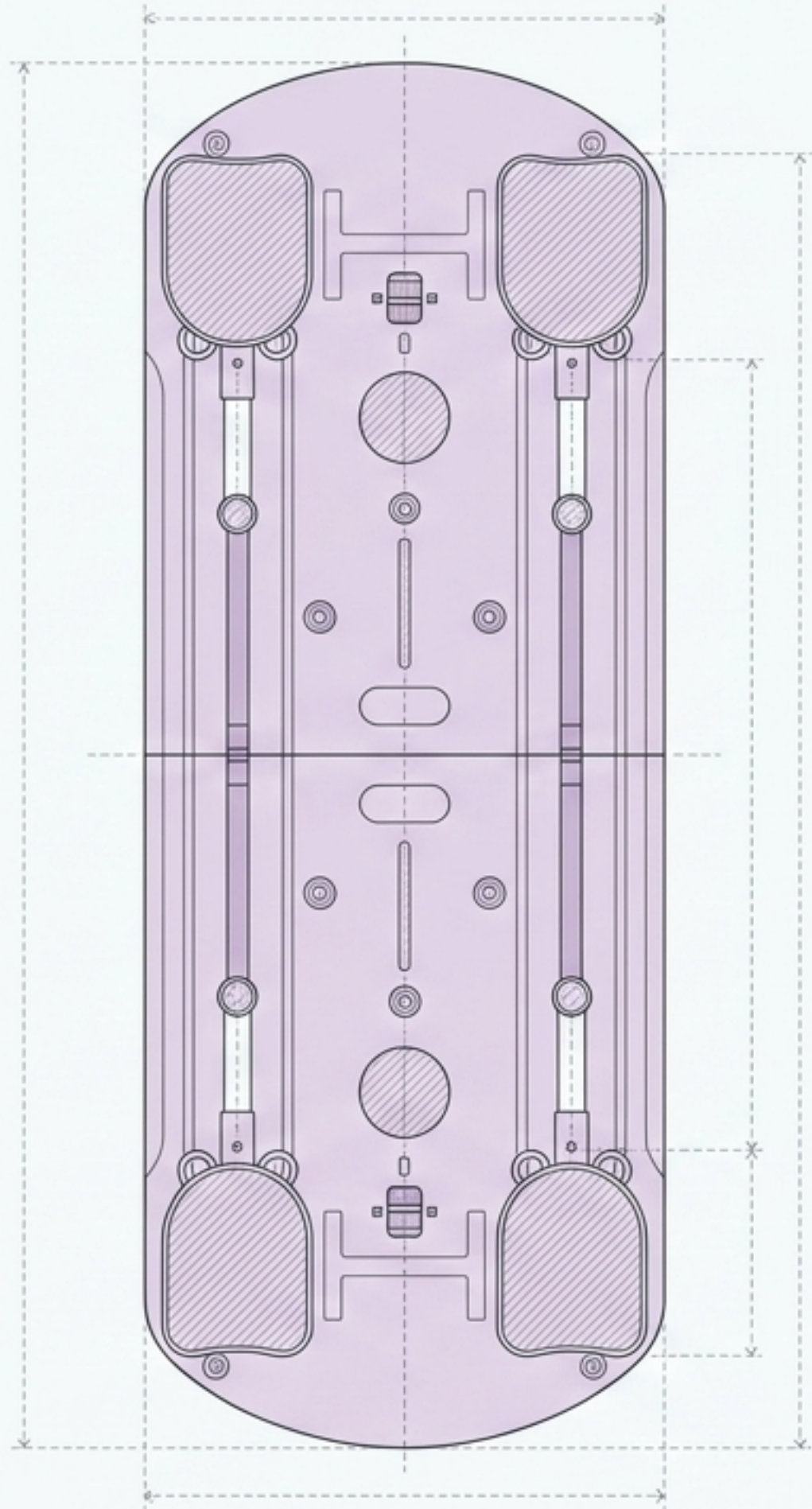
Visual Quick-Start Manual



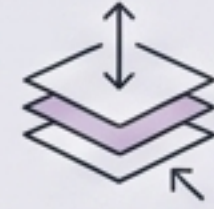
Product Code: EL-PR-PNK-01

Component Inventory Matrix

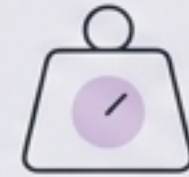




Engineering Profile



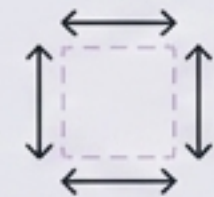
Material | PP & Iron Pipe



Total Weight | 4.5kg



Grip Finish | NBR Foam



Footprint | 106 x 40 x 3cm

Ground Rules for Safe Operation



User & Health

- Maximum weight limit: 200kg.
- Consult a healthcare professional before use.
- Stop immediately if experiencing pain, dizziness, or shortness of breath.
- Keep away from children and pets.



Environment

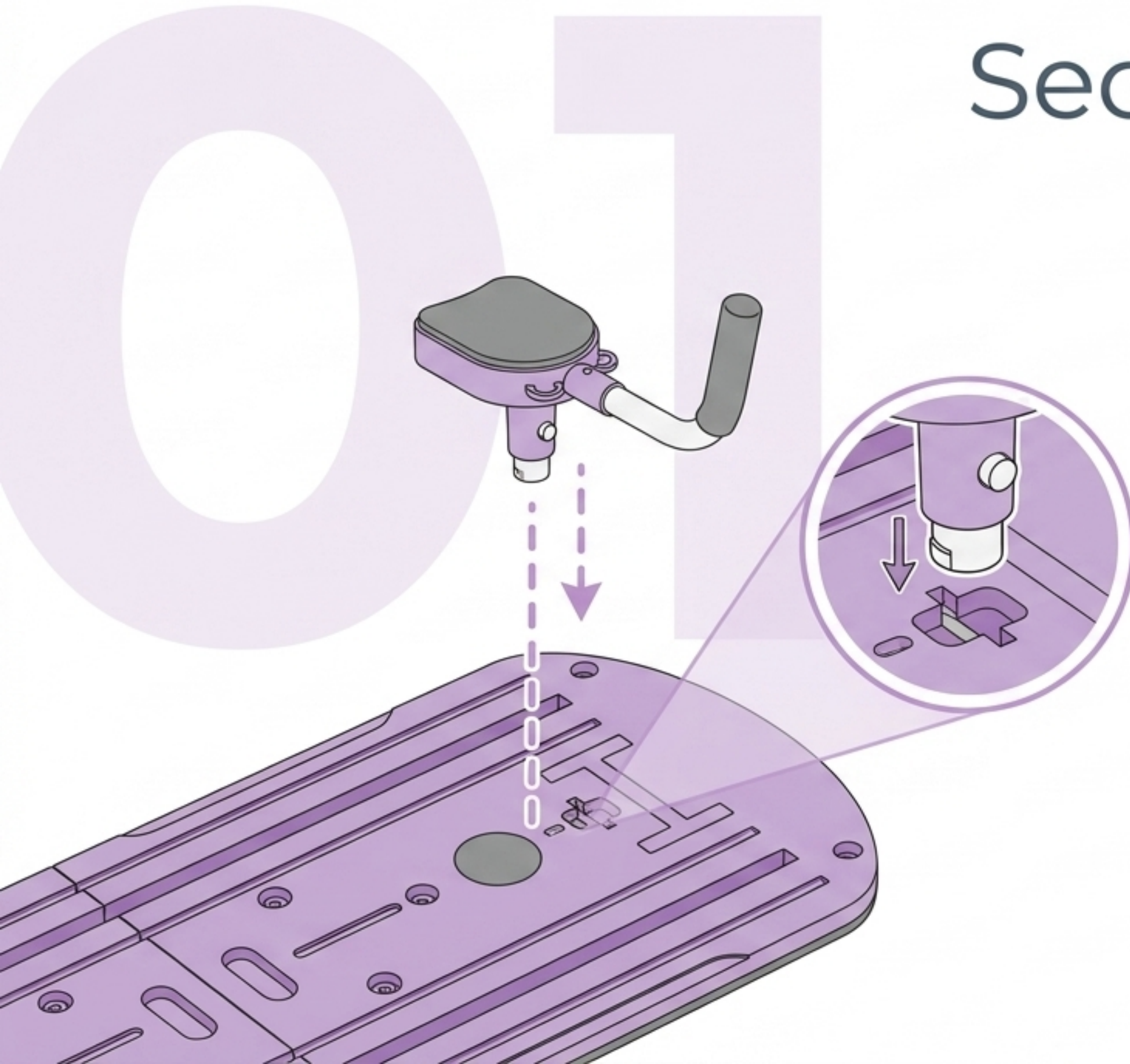
- Place on a flat, stable, non-slippery surface.
- Clear surrounding area to prevent accidents.
- Indoor, dry use only.



Equipment Care

- Inspect for damage before every use.
- Use only official accessories.
- Do not overstretch bands or or allow snap-backs.
- Store out of direct sunlight.

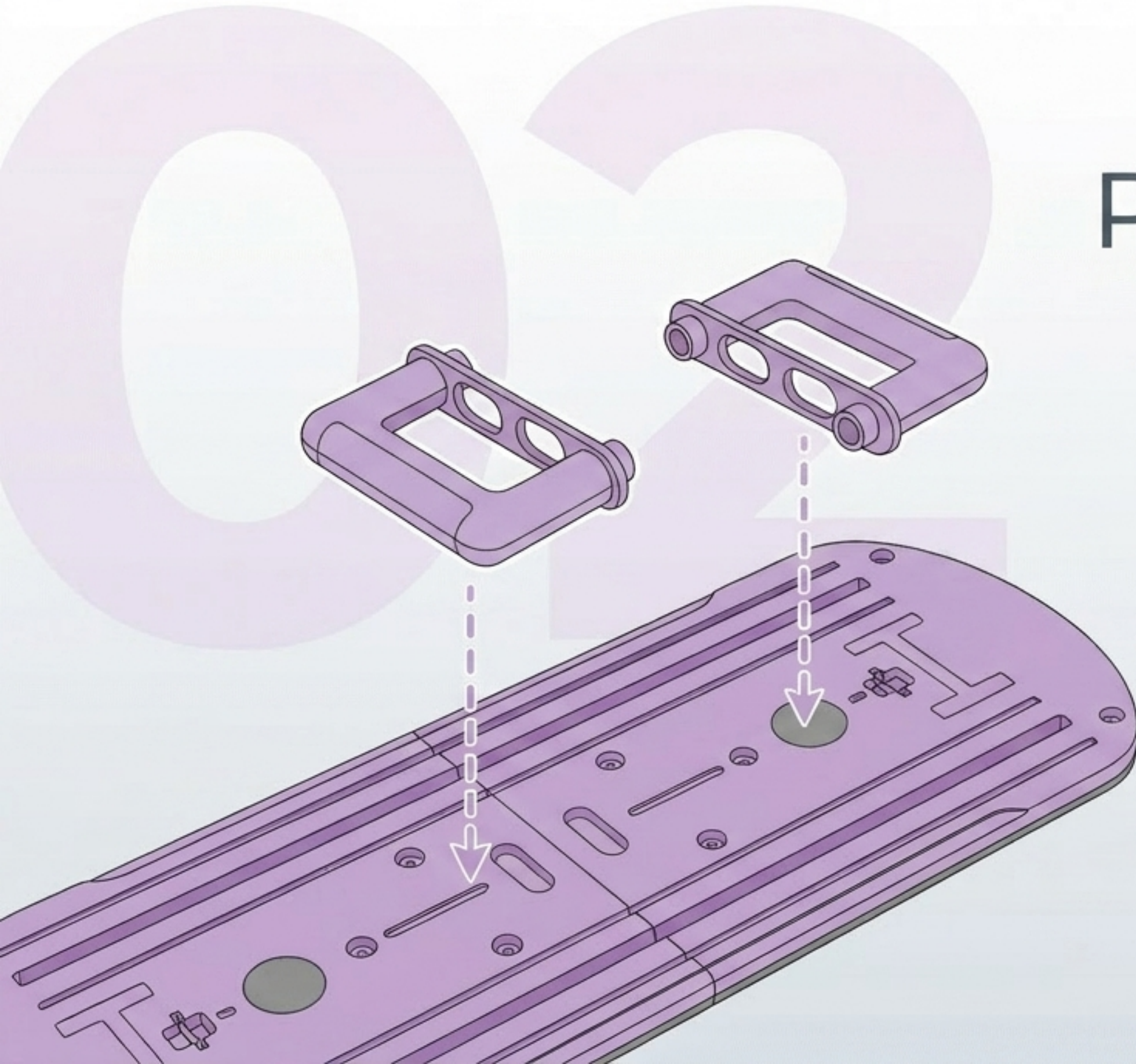
Securing the Elbow Pad Handles



Action: Press the push lock down. Insert the handle into the designated slot.

Confirmation: Turn the handle until the push lock aligns and pops through the hole, locking it in place.

Positioning the Push-Up Handles



Action: Align the push-up handles over the center-board designated holes.

Confirmation: Press firmly down into the board until seated securely.

Attaching the Resistance System

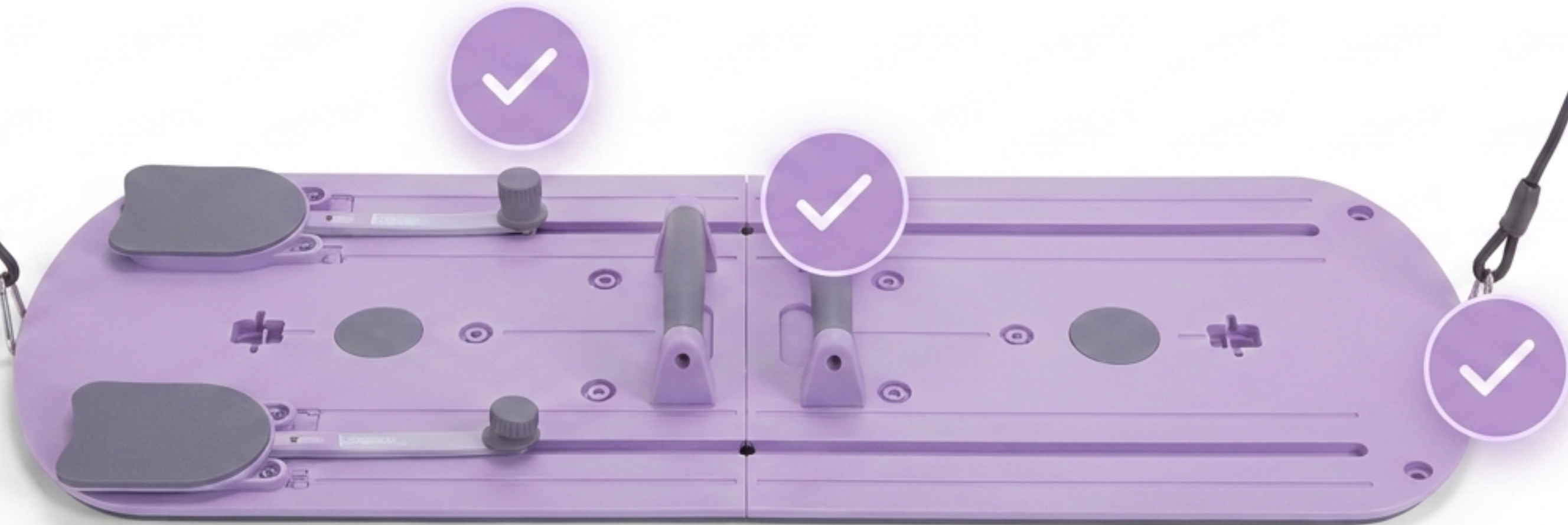


Action:

Clip the resistance band carabiners onto the steel rings located at the ends of the board.

Studio Ready

Verify all locks are engaged, handles are firmly seated, and clips are closed before beginning your routine.



Movement Catalog: Core & Stability



Movement Catalog: Strength & Conditioning



kugan.com

Ongoing Support

We hope this guide provided a seamless setup experience. For the most up-to-date resources or additional assistance, our dedicated support team is available online.

easylean.fit